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Life Coaching for women that facilitates The Swan Experience:
Minimizing barriers; Maximizing beauty and best lives ~
through total transformation.



As the *Pink Collar Coach*, I utilize a holistic approach & bring unique value to life coaching by specializing in The Ds - the personal barriers that negatively impact professional performance. Depression, divorce, dysfunctional relationships - name a D, I deal with it! In doing so, I serve as a powerful change agent to prevent derailing & promote you being the best *Pink Collar Savvy & Chic* version of yourself.

Having faced many of the Ds, I hit rock bottom. Then I minimized my barriers & maximized rock bottom as the firm foundation upon which I built not the rest of my life, but the best of my life. Now I coach others.

Contact me to schedule a complimentary life coaching session as the first step on *your* total transformation journey & toward *your* best life.

"Because you've ALWAYS been a Swan!" ~ *Pink Collar Coach*